



RUNNING USA

Risk Ready: Safeguarding Your Race from Start to Finish

**Presented by
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Risk Assessment Basics



What is a risk assessment?



Why conduct one?



How Often



General Observations:

It can be overwhelming
“I don’t know where to start”
“I have a plan”
“I don’t have enough time”

Risk Assessment Basics



What tool do I use?



Who do I invite:

Internal team
External team
(it is OK to ask for help)



What does the exercise look like?

Sample Scoring Tool

| Risk = L x V x C | | Likelihood (L) | | Vulnerability (V) | | Consequences (C) | | | | |
|------------------|-------------------|----------------|------------|-------------------|-------------|------------------|--------------|-------|--------|------------|
| | | 5 | Certain | 5 | Extreme | 5 | Catastrophic | | | |
| | | 4 | Likely | 4 | High | 4 | Severe | | | |
| | | 3 | Occasional | 3 | Significant | 3 | Critical | | | |
| | | 2 | Seldom | 2 | Slight | 2 | Moderate | | | |
| | | 1 | Unlikely | 1 | Low | 1 | Negligible | | | |
| | Threat/Hazard (T) | Likelihood (L) | | Vulnerability (V) | | Consequences (C) | | Total | Rating | Mitigation |
| 1 | | | | | | 0 | 1 | | | |
| 2 | | | | | | 0 | 1 | | | |
| 3 | | | | | | 0 | 1 | | | |
| 4 | | | | | | 0 | 1 | | | |
| 5 | | | | | | 0 | 1 | | | |
| 6 | | | | | | 0 | 1 | | | |
| 7 | | | | | | 0 | 1 | | | |
| 8 | | | | | | 0 | 1 | | | |
| 9 | | | | | | 0 | 1 | | | |
| 10 | | | | | | 0 | 1 | | | |

Risk Assessment Next Steps



Score, assess & analyze the risks



Mitigation

What, if anything, can you do to transfer risk?

What, if anything, can you do to control risk?

Will you accept any risk?

Could a risk be avoided?

Organizational Tolerance?

Considerations for Business Continuity



**What can you do
with the information?**



**How does it impact
the financial health
of the company?**



Identify top 3 risks



**Create action
plans/protocols for
each risk**

Operational plan

Media plan

Medical plan if needed

Identify decision maker

Building Incident Response Plans



Relationships are the key to success.

After Action Review (AAR)



Debrief internally and externally.
What did you learn to improve the plan?
Update the plan, don't let it gather dust.
Never waste a crisis!

Why Do We Practice?

Measure
effectiveness of
mitigation
activities

Adults learn by
doing

Test the plan

Validate
capabilities

Explore
vulnerabilities

Justify funding

Exercise Types

Discussion-based: Seminar,
Workshop, Tabletop (TTX),
Games

Operations-based: Drills,
Functional, Full-Scale Exercise

What can you accomplish in
your given time?

What are your goals and
objectives for exercises?

Exercise Modalities

Tabletop Exercises (discussion based)



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graph TD; A[Tabletop Exercises (discussion based)] --> B[Lunch and Learn]; B --> C[Quick exercises moments before a meeting]; C --> D[Incident reviews/case studies];
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Lunch and Learn

Quick exercises moments before a meeting

Incident reviews/case studies

It Can Be As Simple As.....



SET ONE GOAL
AND GET
STARTED



CONVENE YOUR
TEAM AND
DISCUSS WHAT
IF XX HAPPENS



EACH PERSON
CONSIDERS THE
INCIDENT FROM
THEIR ROLE AND
SHARES THEIR
THOUGHTS,
CONCERNS AND
ASK QUESTIONS



IT IS OK TO BE
VULNERABLE
AND NOT HAVE
THE ANSWERS
THE TEAM WILL
WORK
TOGETHER FOR
THE BEST
OUTCOME



TO BUILD A
MUSCLE IT
TAKES
PRACTICE...
PRACTICE...
PRACTICE...
IT IS A LEARNED
SKILL!



THERE IS NO
WRONG
ANSWERS, ONLY
OPPORTUNITIES
TO BUILD
SOLUTIONS
TOGETHER AND
SUPPORT EACH
OTHER IN TIMES
OF CHALLENGE

Questions

Want to follow up?

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