



Breakout Session Takeaways

Session Title: Keeping Your Race Out of the Headlines

Presenter(s): Doug Thurston

Contact Info: thurstoneventsolutions@gmail.com, (916) 802-7668

- 1. Uses tape arrows, flour, gypsum, chalk, or other methods to mark arrows on the ground at turns, turn-around, etc.**
- 2. Ask your course measurer to remark all course locations, splits, etc., race week**
- 3. Train course monitors and bike marshals on exactly where to turn, turn-arounds, etc.**
- 4. Have the course director drive in advance of the runners and check in with police, volunteers, etc.**
- 5. Meet with elite runners in advance to explain the course, where to go, where not to go, etc.**